



Foothills Area Family YMCA



Co-Ed Flag Football Sign Ups

Youth ages 7-12

Registration through March 15th

(or when team limits are filled)

Two age divisions:

7-9 year olds

10-12 year olds

Teams are co-ed with an emphasis on participation, skill development, competition and fun.

FEEES for all divisions: F.A.F YMCA Members \$40 Non-YMCA Members \$60

Registration fee includes: Team Shirt for all players

FLAG FOOTBALL BENEFITS:

Fewer players per team equal more focus on the drills.

Smaller 'teams' when games are played which allows for more ball time.

More attention to each player.

Offers Parent/coaches an opportunity to grow in progressions as well.

No Refs- NO pressure

Better fitness training and players physically match field size.

Micro Football offers natural progressions up to full sized teams of Flag Football

Coaches and Co-Coaches are needed...Head Coaches will have one

registration fee waived and receive some coaching tips, pointers and information.



Sponsor the league for \$300 and get your Company name on all the team Jerseys!

All divisions will practice and play home games at the Foothills Area Family YMCA.

Games and Practices will be on Thursdays; 5:45 – 6:45

Practice will start THURSDAY - March 25 for all Age Groups
The season will last six weeks!

For more information, call the YMCA office at 654-9622
275 YMCA Circle ~ Seneca, SC 29678 Checks made payable to: F.A.F. YMCA

REGISTRATION ENDS MONDAY, March 15th, 2010



Email Matt Smith for more information:
programs@Y4all.org



Go to our Website for the registration form and more information

www.Y4all.org



Foothills Area Family YMCA

275 YMCA Circle, Seneca, SC 29678

Flag Football Registration



We build strong kids, strong families, strong communities

ages 7 - 12

Participant: _____ M / F F.A.F. YMCA Member: **Y** **N**

Age (as of June 1, 2010) _____ Date of Birth: _____

Parent/Guardian: _____ Home Phone: _____

Street Address: _____ Cell Phone: _____

City: _____ Zip Code: _____ Email: _____

Mailing Address (if Different): _____

Medical Conditions: _____

REGISTRATION FEE:

YMCA Members	\$40	Ages 7 - 12
Non-YMCA Members	\$60	5:45 – 6:45 p.m. at the YMCA

Play will start Thursday, March 25th at the Foothills Area Family YMCA
Flag football will continue through April 29th (6 consecutive Thursdays)

I am willing to:

Sponsor this program (\$300) _____ through my Company.

What you get: your logo on our YMCA website, your logo on all printed material distributed throughout the season, recognition in our quarterly newsletter and the ability to put a sign on our field throughout the entire season.

Parent/Guardian

I, _____, state that my child _____, is in good physical condition and able to participate in YMCA programs. In the event of an injury, I agree to hold harmless the Foothills Area Family YMCA, its staff, the YMCA Board of Directors, Clemson University and any staff that may be involved.

Signature: _____ Date: _____

I DO ____ or DO NOT ____ give permission to the Foothills YMCA, to use photographs or photographic image of my children in official YMCA business, including: Web sites, newsletters and newspapers, etc.

Registration deadline is March 15th (or when spaces are filled)
SPACE IS LIMITED

Foothills Area Family YMCA 275 YMCA Circle, Seneca, SC 29678 654-9622

(Checks are to be made payable to the F.A.F. YMCA)

FOR OFFICE USE ONLY

Registration Amt Paid: _____ Type of payment: _____